

ADULT ALL-IN-ONE COURSE

LESSON • THEORY • TECHNIC

FOREWORD

Alfred's Basic Adult All-in-One Course, Level 1, is designed for the beginner looking for a truly complete piano course that includes lesson, theory, technic and popular repertoire in one convenient, all-in-one book. This course has a number of features that make it particularly successful in achieving this goal.

1. It progresses very smoothly, leaving no gaps that might cause the student to skip difficult sections.
2. Because it teaches chord-playing in both hands, songs are more musical, and playing becomes a richer, more rewarding experience.
3. Also taught is the understanding of how chords are formed. Instead of memorizing chords, students learn how to derive them regardless of what key they are playing in.
4. The choice of song material is outstanding, with some popular and familiar favorites mixed with tuneful originals, all adding to the fun and enjoyment of making music.
5. For the first time, an adult course has combined Lesson, Theory and Technic sections within one book. This combined approach offers beginners a unified course of instruction.
 - A. **Lesson pages** are designed to provide a basic course of instruction that contains all the concepts and fundamentals needed to perform.
 - B. **Theory pages** give beginners an added understanding of music which cannot be taught any other way. Every concept and principle introduced in the Lesson pages is reinforced. Additional drills in note recognition make this a valuable aid in developing reading skills. Important tips are presented that make learning chord progressions easier.
 - C. **Technic pages** offer suggestions for the proper care of your hands. Most adult beginners feel awkward at the keyboard because of stiffness in their fingers, hands and wrists. They have trouble with coordination, and they feel they could play much better if the muscular agility and flexibility of their hands could somehow be made to keep pace with their comprehension. The Technic pages included have been developed to make all this possible.

At the completion of this course, the student will have learned to play some of the most popular music ever written and will have gained a thorough understanding of the basic concepts of music. The student will then be ready to begin Alfred's Basic Adult All-in-One Course, Level 2 (#14514).

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ISBN 0-88284-818-6

A General MIDI disk (5725) and CD (11282) are available,
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accompaniment.