wrote this book not just as a collection of my songs and solos, but as an educational tool for anyone looking to improve their reading and understanding of song form, improvisation, composition and the many other elements of being a solo artist.

I've included every composition from

Mystery to Me, Live at The 55 Bar, The Space In Between, Theatre By The Sea, Motion Picture and American Elm, as well as select solos from each of those albums. The intended purpose of this book is to act as a songbook and reference guide for my career as a solo artist, chronicling the past decade of recordings as accurately as possible.

Transcribing and notating the book has been one of the biggest musical challenges of my career and I estimate having spent close to 200 hours working on it, going over minute details of phrasing during the process of writing all this information down. I was traveling through-

out the entire process which posed quite a logistical obstacle when it came to getting a good work flow for the transcription process. I'm proud to say I didn't use any technology to slow down passages of soloing to make it easier to transcribe. It was done "old-school", almost the way I used to transcribe other artists' solos when I was a kid, although the boom box with the worn-out Play and Rewind buttons has been replaced by a laptop.

So over a two-month period, as we weaved in and out of Spain, Italy, France, the UK and Germany, "Songs and Solos" started to come to life. I had moments of near insanity where I couldn't believe I'd committed to such a project and then others where I swore I would never play a solo longer than 30 seconds ever again... But the feeling of accomplishment when it was all finished is something unlike anything I've ever felt. And the best part for me is that I now get to share it with you.

Janek

Contents

Mystery To Me		Theatre By The Sea	
Mystery To Me	5	Erdnase	4
Why?	8	Erdnase Bass Solo	48
Joshua	10	España	50
Darkness	11	Portugal	5:
Time Stands Still	12	Randroid	5:
I'm Sorry (Aka P.K.)	13	Once I Knew	5.
Circles	14	Folling Houdini	5!
B's Song	16	Theatre By The Sea	5
And Another Thing	17	The Goshman	5
		Chicago Opener	58
Live at The 55 Bar			
Intro	19	Motion Picture	
Culture	20	Jimmy V	6
Culture Bass Solo	22	Beachwood Canyon	6:
Mana	24	Beachwood Canyon Bass Solo	6
Alibea	25	Motion Picture	6
Gimme That Stern Look	27	In Search Of The End	6'
Aphelion	28	In Search Of The End Bass Solo	70
Aphelion Bass Solo	30	Bicycles	7:
		Jamestown	7.
		Minor Blues	7!
The Space In Between		Boström Bagatelle	7
To Begin	35	Inside In	7
To Begin Bass Solo	36	Inside In Bass solo	78
Bethany	38	Taken	7'
The Space In Between	39		
Carrot Juice	40		
Next	43	American Elm	
Four Brothers	44	Poet's Walk	8
		Manhattan Part I	8:
		American Elm	8
		Indian Lake	89
		Manhattan Part II	9
		West Village Walk	9:
		Mount Rushmore	9:
		Coming Home	10
		God Rest Ye Merry Gentlemen	10
		Doutringer	10